

Big Foot Wrestling Club

Grades K-8

Come join in the excitement of wrestling. Learn the basics of wrestling, balance, flexibility, coordination, and even nutrition. Compete against children your age and skill level. All levels, from beginner to experienced are encouraged to participate.



****Mandatory Sign-Up / Parent Meeting****

Tuesday, November 19th, 2024 at 6:00 pm

Multipurpose Room/Commons at Big Foot High School

Fee: \$65/child (includes USA Card, insurance, t-shirt and end of season party)
(financial assistance available upon request)

Season: Begins Monday, December 2nd, 2024

Practice: Monday & Wednesday evenings
K-4 and inexperienced wrestlers = 5:45 – 6:45 pm
5-7 and experienced wrestlers = 6:30 – 8:00 pm

For questions or additional information, please contact Jake Ries at (262) 325-0702.



Special coaching appearances by Big Foot High School Head Wrestling Coach Tyler Heck and his High School Wrestlers will be made throughout the season.