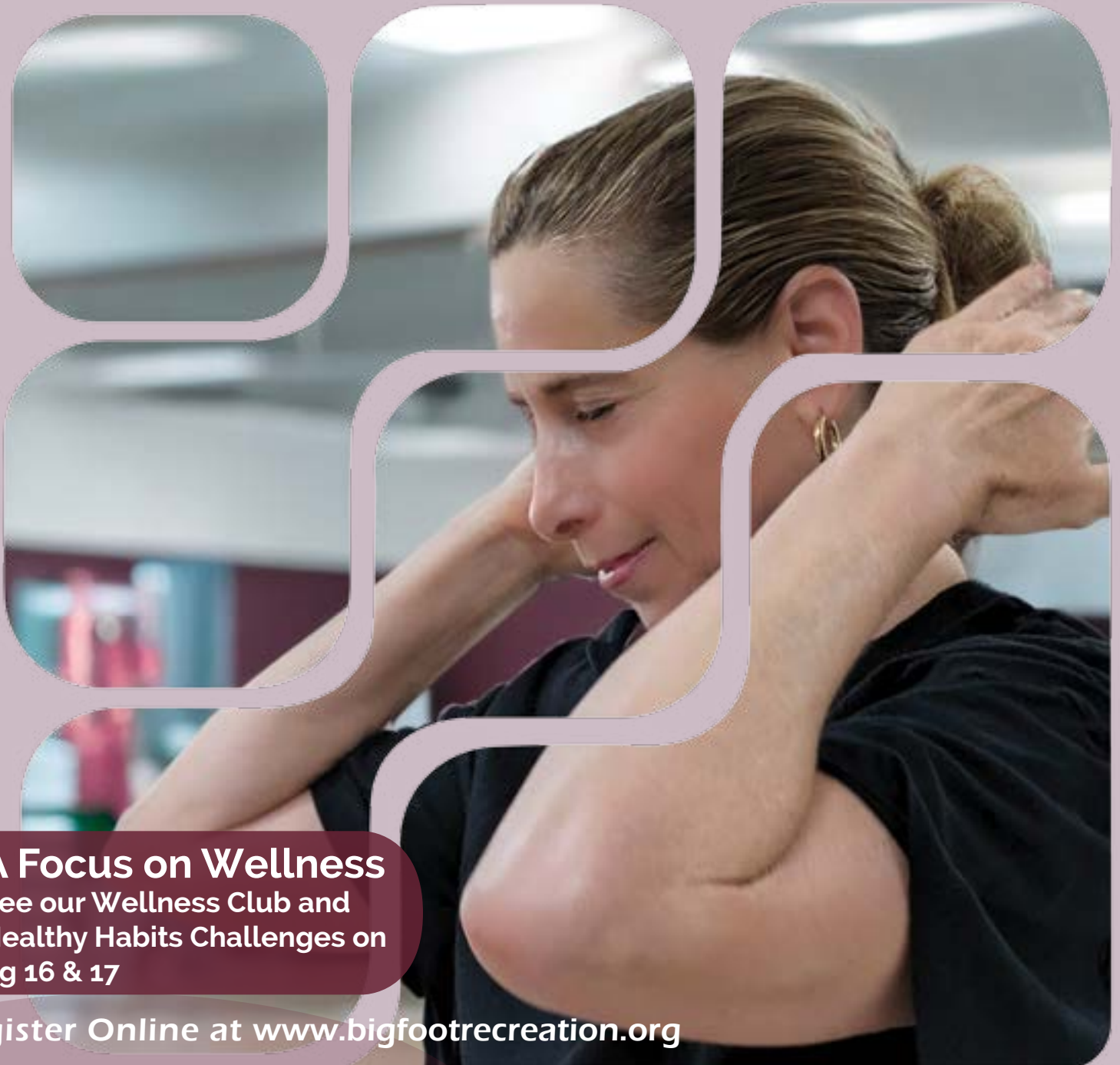


ACTIVITY GUIDE

Winter/Spring 2025



A Focus on Wellness

See our Wellness Club and
Healthy Habits Challenges on
pg 16 & 17

Register Online at www.bigfootrecreation.org

Providing Recreation & Enrichment for
the Residents of Walworth, Sharon,
Fontana, Linn & Delavan Township





By the Numbers

As you probably already know, the Big Foot Recreation District has a reputation for offering great programs to our community. The number of people I see participating in our programs is exciting, and I am always appreciative for the kudos we receive. Truly, I am grateful for your support.

Speaking of support (and taxes)... what you might not know is that because we are tied to the school, sharing resources stretches your tax dollar much further than other communities that have separate park & rec departments. In fact, the Big Foot Recreation District has a minimal impact to our property taxes.

Rest assured, we efficiently and effectively use those tax dollars. I report numbers with the school board quarterly, and I want to share some numbers that you might find interesting.

2024 Highlights

- Day Camp: 293 campers over 9 weeks, averaging 131 campers/week
- Fitness Center: 17,886 visits from 931 residents
- Program Participation: 5,400 class participants from 2,630 individuals
- 56% of class participation are adults

If you haven't tried one of our fun and enriching activities or checked out our fitness center, I encourage you give us a go. Also... make sure you are on the email list and visit www.bigfootrecreation.org for all the great programs you don't want to miss... thousands of people participating can't be wrong!

I hope to see you at the next program!

Chuck Thiesenhusen
Recreation Director
cathiesenhusen@bigfoot.k12.wi.us



Dean Connley
Program Coordinator
dconnley@bigfoot.k12.wi.us



Lynette Vyhnanek
Program Coordinator
lvyhnanek@bigfoot.k12.wi.us



Vicky Hinchey
Office and Marketing Manager
vhinchey@bigfoot.k12.wi.us



OFFICE HOURS

Monday - Friday 8:00 AM - 4:00 PM

Big Foot High School (Fitness Center Entrance)
401 Devils Ln
Walworth, WI 53184

www.bigfootrecreation.org
(262) 275-2117

Office Closed

December 24 - January 1, 2025



ADA Statement

Big Foot Recreation District will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. We will make reasonable accommodations to the facilities & services to enable participation by individuals with disabilities. For accommodations, please advise our staff at least 72 hours prior to a public meeting and one week prior to a program.

Recreation Advisory Committee

Each advisory member represents a village/ township within the Big Foot High School District boundaries. Representatives bring diverse interests for the development and improvement of recreational opportunities.

The advisory board representatives' terms expire on a rotating basis, so we're always looking for new energetic people. If you're interested in becoming a member please contact Chuck Thiesenhusen.

Chuck Thiesenhusen, Director.....	(262) 275-2117
Frank Breneisen	Village of Fontana
John Palmer.....	Linn Township
Rich Rasmussen	Walworth Township
Annie Isham	Walworth Township
Vacancy	Village of Sharon
Margaret Labus	BF School Board Representative

Scholarships Available!

We are a great source for quality, inexpensive programs, many are free or virtually free. We have scholarships available to Big Foot residents to help offset program fees. Please do not hesitate to contact us if you have a scholarship need. Limited rules and restrictions apply.

Thanks to our generous benefactors

Mark & Lucinda Rapata
Irene Labonne
Walworth Children's Foundation

Thank You to our generous Sponsors!

Touch-A-Truck



**JOHNSON
TRACTOR**

Pracell's
Paving and Gravel
262-728-9532
Serving Walworth



Sharon Police Dept
Walworth County Sheriff's Office
Walworth Public Works, Powell Gravel &
Excavating, Scott Austin

We hope you'll join us in 2025!

Make an impression on a captive audience and support our community.

With approximately 2000 of our area residents using our facilities/programs annually, you will be happy you sponsored Big Foot Recreation District. Plus, you can feel great about it because all proceeds go back into enhancing and maintaining our community facilities and life-enriching programs. It's a win-win!

Want to make an impression
in our community?
Contact Chuck or Dean today
at 262-275-2117

Agape House

The mission of Agape House is to assist in bringing transformational hope and healing to at-risk-youth, their families, and the community through a personal relationship with Christ. Our holistic approach is rooted in biblical faith, unconditional love, and grace-based interventions. Agape House offers community counseling to individuals and families and a residential treatment program for at risk teens. All of our services are based on a sliding fee, so no one is turned away because of finances. Please contact us at 262-275-6466 or visit our website at AgapeHouseHeals.org



The Big Foot Community Fine Arts Foundation presents:

Ring of Kerry

March 15
7:00 PM



Returning from our 2017-18 season, Ring of Kerry is an Irish music group that is full of energy and captures the hearts of listeners.

Take3

April 25
7:00 PM



This genre-defying trio is known for its wild and unexpected performances. They combine their rigorous classical music training with rock-star charisma to create a unique experience.

Lake Geneva Symphony Orchestra A Symphonic Journey

May 17
7:00 PM



Four diverse classical pieces to delight you. Fanny Mendelssohn-Hensel: Overture in C Major; Claude Debussy: Danse sacrée et danse profane, featuring Clarissa Marquez, harp; Silvestre Revueltas: Sensemayá; Antonín Dvořák: Symphony No. 6

Adults:

**\$35 Preferred Seating
\$25 In The Wings**

18 and under:

**\$10 Preferred Seating
FREE In The Wings**

LGSO Tickets

Adult: \$20

Undergraduate & Students: Free

**Tickets are available at
www.bigfootfinearts.org
or the recreation office
at (262) 275-2117**



Special EVENTS



Daddy Daughter Dance

Friday, February 7

6:00 - 9:00 PM

The Abbey Resort

Harbor Ballroom

\$40 Per Person

*(Please register each person
separately in advance)*

A special evening for you and your daughter with Dinner, Dancing & Fun! Enjoy this magical time with your daughter(s)!

*** Portrait photo packages will be available for an additional fee.**

Registration Deadline: January 23

Limited Space Available

Daddy/Daughter Dance Makeover!

Princesses! We're offering professional makeup, hair styling and nails for the Dance. A fun opportunity to get dolled up with skilled hair and makeup artists. Call Wild Roots Salon & Spa to reserve your appointment. Limited space is available.

Wild Roots: (262) 275-8800

Friday, February 7

Call for Appointment
and pricing options



Noon Year's Eve Party

All Ages

Grab the family and celebrate the NOON YEAR! Music, dancing, and fun for ALL Ages! Over 1,000 balloons will drop from the ceiling at noon. Full bar, loaded hot cocoa, and sparkling cider will be available for purchase.

Location: The Treasury, Delavan

Day/Date: Tuesday, December 31

Time: 11:00 AM - 1:00 PM

Fee: \$10/person in advance
\$15/person at the door

Advance purchased tickets are available until December 27. Everyone must have a ticket to enter. Max: 185 Tickets

New Year's Eve Party

Adults 21+

Join our black tie optional celebration featuring a 17 piece big band, champagne upon entry, light appetizers, midnight countdown, huge balloon drop. Band plays from 9PM - 1AM. Min/Max: 50/185

Location: The Treasury, Delavan

Day/Date: Tuesday, December 31

Time: 8:30 PM - 1:30 AM

Fee: \$50/person (Please register each person
separately in advance)

Advance purchased tickets are available until December 27. Everyone must have a ticket to enter. Max: 185 Tickets

Mother/Son Bowling Night

Hey Moms, looking for a fun night out with your son? Have tons of fun with us as we bowl the night away. There will be unlimited bowling during the event. Tasty pizza and soda will be served. Shoe rental included. Min/Max: 10/40

Location: Delavan Lanes, 509 S. 7th St, Delavan

Date: Friday, February 28

Time: 6:00 - 8:00 PM

Fee: \$20/person

NEW! Father/Son NERF Battle

Hey Dads, looking for a fun night out with your son? Join us for a night of Nerf battles and pizza! Bring your NERF blasters, but leave your ammo at home. We will provide the darts and inflatable barriers to hide behind. You will be put on a team with your child, but prepare to have a final battle of parents VS kids. It will be a blast! Min/Max: 10/40.

Location: BFHS Main Gym

Date: Friday, February 21

Time: 6:00 - 7:30 PM

Fee: \$15/person

Registration deadline is one week prior to class unless noted.
After this date, a \$5.00 late fee will be charged.

Mommy & Me Tea Party Ages 3-9

Bring your little one dressed in their fanciest tea party attire and create a day you both will remember forever!

In the midst of all the fancy activities, we'll enjoy cookies and tea. Girls will make a craft and have the opportunity to take photos in the beautiful banquet hall. Min/Max: 20/95

Location: The Treasury, Delavan
Date: Saturday, March 8
Time: 10:00 - 11:30 AM
Fee: \$15/person

Professional Cookie Decorating Teen-Adult

Join us for a beginner cookie decorating class. You will learn decorating techniques such as outlining, flooding, piping, and wet-on-wet techniques. You will also learn about making cookie dough, preventing spreading of your cookies and will leave with a delicious chocolate brownie cookie recipe. Royal icing will be made during class. Each set will include 4 cookies. Min/Max: 6/16

Instructor: Kim Abell, owner Kim's Custom Treats
Location: BFHS E35
Date: Saturday, February 8
Time: 9:00 AM - Noon
Fee: \$45/person



Easter Egg Decorating All Ages

Come join multiple art stations to rotate through at your own pace. Feel free to bring your own hard boiled eggs or we can get them ready for you! You'll leave with decorated eggs just in time for Easter while keeping the mess out of the house! Children under 7 must have an adult present. Non-Participating Adult is Free! Min/Max: 6/20

Instructor: Lynette Vyhnanek
Location: BFHS Room E33
Date: Wednesday, April 16
Time: 4:00 - 5:00 PM
Fee: \$15/person *Add a dozen hard boiled eggs for \$10

St. Patty's Day Scavenger Hunt

Do you like following clues and completing challenges? This family friendly scavenger hunt will take you throughout the Big Foot community and have you using an app to snap photos and videos as you complete each task. Get ready to find local landmarks, pretend to be a statue, and even do a little Irish jig in front of your friends. Each team will need one member to drive them around and at least one member with a smartphone to download the Goosechase app. Complete all the challenges and win a prize! **Registration Deadline: March 7**

Location: Big Foot Recreation Office
Date: March 14-16
Fee: \$20 per family/team

Doggie Egg Hunt

Join us for our Easter Egg hunt for DOGS! You and your four legged friend will scour the grasslands of Duck Pond to find kibble filled eggs. Participants must have proof of up-to-date rabies vaccination; a rabies tag is acceptable. All dogs must remain on a leash during the egg hunt. Rain, snow or shine!

Date: Saturday, April 12
Time: Hunt Begins at 10:00 AM
Location: Duck Pond
Fee: \$10/Dog, Proceeds go to the Lakeland Animal Shelter

Please register in advance

On-site check-in begins at 9:30 AM



Thank you to our sponsors!



Easter Egg Hunt

**Saturday, April 19
at 10:00 AM
Duck Pond, Fontana**

Rain, Snow or Shine!

Celebrate spring with a traditional egg hunt for kids in the Big Foot area. This FREE program is a cooperative effort between the Village of Fontana, Big Foot Recreation District and area businesses.

Easter Egg Hunt Tips

- Arrive early to park and find your age area.
- The Hunt starts promptly at 10:00.
- Don't forget to bring your basket!
- We recycle eggs - empty eggs before you leave.



Meet the Easter Bunny

NEW! Sensory Friendly Egg Hunt

Join us for a sensory friendly egg hunt. No buzzers, no horns, less people, and go at your own pace. **Please register for this event in advance so we know what accommodations you will need.** Siblings and other family members are welcome to join this egg hunt as well.

Easter Egg Hunt Tips

- Arrive at 10:45 AM
- Don't forget to bring your basket!
- We recycle eggs - empty eggs before you leave.

DISCOVER **FAMILY** ADVENTURES

NEW! Astronomy Exploration All Ages

At Yerkes Observatory

Join us for an exploration of the history and future of astronomy! This 1.5 hour deep-dive into one of the world's most cherished observatories includes a tour of the historic building, solar observing if the weather is clear, and an engaging hands-on activity that will immerse visitors in the wonders of astronomy. Min/Max: 6/25

Instructor: Yerkes Staff

Location: Yerkes Observatory, 373 W. Geneva St,
Williams Bay

Fee: \$14/person

<u>Grades:</u>	<u>Dates:</u>	<u>Time:</u>
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K - 5	March 7	1:30 - 3:00 PM
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6 - 12	April 18	10:30 AM - Noon
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All ages	May 22	4:00 - 5:30 PM
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Ice Fishing Clinic All Ages

Join local guide Doug Kloet and learn about fish identification, rod/reel set-up, lures, bait selection, jigging skills, and tip-ups. Doug will drill a few holes in the ice and show you everything you need to know to get started ice fishing! All gear is provided for the clinic. Min/Max: 8/15

Instructor: Captain Doug Kloet, Fishing Guide Service

Location: Kenosha County Veterans Memorial Park
8697 Co Hwy KD, Burlington, WI

Day/Date: Sunday, February 2

<u>Time</u>	<u>Fee</u>
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9:00 AM - 12:00 PM	\$35/person
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Family Day At Moose Mountain Falls

Come swim, splash, and slide at Timber Ridge's newly renovated indoor waterpark: Moose Mountain Falls! With slides, hot tubs, and kiddie pools, there's fun for the whole family. *Bring your own towel. Min/Max: 40/75

Location: Timber Ridge Lodge and Waterpark
Lake Geneva, WI

Fee: \$15/participant, Advance registration required
Kids under 1 year are free.

<u>Date</u>	<u>Time</u>
Sun, January 12	12:00 - 8:00 PM
Sun, February 9	12:00 - 8:00 PM
Sun, March 9	12:00 - 8:00 PM
Sun, April 27	12:00 - 8:00 PM



Snowshoe Hike & Bonfire All Ages

Strap on your snowshoes and join us for a winter hike in the woods. Dress in warm layers, but don't worry... there will be hot chocolate and a bonfire to keep you warm! Enjoy the hike for free, or rent adult size snowshoes for \$10. Please register in advance.

Instructor: Dean Connley

Time: 9:00 - 11:00 AM

Fee: \$10 snowshoe rental

<u>Day/Date</u>	<u>Location</u>
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Sat, Jan 25	Kishwaukee - W.B.
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Equine Programs at Cripple Creek

Classes are designed to be taken in progression.

Getting to Know a Horse

Learn the very basics of handling, grooming and being around a horse.

Dates: April 10 and 14

Time: 5:15 - 6:00 PM

Fee: \$75/person

Intro to Riding

Groom, tack up, and learn basic handling on the ground. Learn to mount/dismount, basic balance under movement, and how to walk, stop and turn with guidance.

Dates: April 17, 21 and 24

Time: 5:00 - 6:00 PM

Fee: \$120/person

Beginner Riding

This is the next level of riding after your initial rides. The rider will groom, tack, and begin to learn to ride independently with the walk, stop and turn.

Dates: April 28 and May 1

Time: 5:00 - 6:00 PM

Fee: \$100/person

Novice Riding

Here the rider will groom, tack and prepare the horse for its lesson. The lessons will help to perfect the walk/trot transition, learning to cue and control the 5 body parts of the horse.

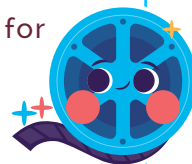
Dates: May 5 and 12

Time: 5:00 - 6:00 PM

Fee: \$100/person

Community Movies

An affordable family experience for only \$2 per person. Concessions available.



Sharon School

5:00 PM

January 31 - Kung Fu Panda 4

February 28 - The Wild Robot

April 25 - Coco

Reek School

6:00 PM

March 7 - Despicable Me 4



Registration deadline is one week prior to class unless noted.
After this date, a \$5.00 late fee will be charged.

Crochet Crafts

Beginning Crochet

Ages 12+

Get started with crochet by learning basic techniques and stitches, reading patterns, and how to pick materials. No experience necessary, starter kit provided. Min/Max: 3/6

Instructor: Sarah Anderson
Location: BFHS Room E36
Dates: Saturdays, Jan 18 - Feb 1
Time: 12:00 - 1:30 PM
Fee: \$45/person

Crochet Coaching

Ages 12+

This is your chance to work on your project with help! We'll work together on crochet skills, and break out into personal projects for work time where Sarah can answer your questions and help with patterns. You are encouraged to bring your own projects, but we'll also have patterns and projects available during class. Min/Max: 4/10

Instructor: Sarah Anderson
Location: BFHS Room E36
Day/Time: Saturdays, 2:00 - 3:30 PM
Fee: \$50/person/session

Session 1: Rectangles

Jan 18 - March 8

Blankets and coasters and scarves, oh my! The staples of beginning crochet projects are some form of rectangle. We will review basics and cover pattern format.

Session 2: Spring Flowers

April 5 - May 31 (no class 4/19)

Spring is the perfect time to make crochet plants, and make flowers just in time for Mother's Day! We will be focusing on how stitches can be used to create organic shapes.



Valley Of The Kings Tour

All Ages

VOTK provides refuge for abused, abandoned or retired lions, tigers, wolves and others. Not open to the public, this is an opportunity to learn about these magnificent animals up close. This is a working farm, please dress appropriately. Rain or shine. Advance registration required. Min/Max: 6/20

Location: Valley of the Kings
W7593 Townhall Road, Sharon, WI
Fee: \$20/participant

Date	Time
Sat, April 26	2:30 - 4:30 PM
Sat, May 31	2:30 - 4:30 PM

Spring into action

Don't delay!

Sometimes classes are cancelled if people wait too long to register. Please register early to avoid disappointment.

www.bigfootrecreation.org / (262) 275-2117

Black Point Estate



Speaker Series

Day: Wednesdays
Time: 6:00-7:00 PM
Location: Big Foot High School, Room W8
Fee: \$10/Session (Register in advance)

Wedded Bliss through the Ages

Once upon a time, many ancient marriages were by capture, not consent. From Queen Victoria to the brides of Black Point Estate, this program looks at the traditions, superstitions, and customs influencing celebrity and society weddings, historical lakeshore extravaganzas, and local ceremonies.

Instructor: Chris Brookes

Date: Feb 19

1920: The Year that Made the Decade Roar

The Roaring Twenties is the only decade in American history with a widely-applied nickname, and our fascination with this era continues. But how did this surge of innovation and cultural milestones emerge out of the ashes of The Great War? Desimone will examine the year of 1920, which was not only a crucial twelve-month period of its own, but one that foretold the future, foreshadowed the rest of the 20th century and the early years of the 21st. From prohibition to immigration, the birth of jazz, the rise of expatriate literature, and the original Ponzi scheme, 1920 was truly a year like no other.

Instructor: Dave Desimone

Date: March 19

Cemeteries of Walworth County:

Settlers, Soldiers, and Citizens of America

In cemeteries across the land we find evidence of the men and women who forged this nation, fought for it, and brought it forth to the brink of its 250th birthday. Discover the settlers, soldiers, and citizens who rest in peace in the cemeteries of Walworth County, WI. Watch how the communities grew. Celebrate the semiquincentennial of America!

Instructor: Chris Brookes

Date: April 16

KIDS Corner

Board Game Bonanza! Grades 1-8

No more getting bored...Join the Board Game Bonanza! We will play fun board games like Sorry, Candyland, Clue, Trouble, Battleship, Operation and Guess Who. Participants will be divided up into groups to play age appropriate games.

Instructor: Dean Connley
Location: BFHS Library
Day: Thursdays
Dates: Jan 16 - 30
Time: 4:00 - 5:00 PM
Fee: \$30/child

Tiny Tot Arts & Crafts Ages 2-5

Do you have a creative little one at home? Now they can make a new craft every week! We will explore with paint, molding clay, glue, and so much more! Keep the mess out of the house and join us. Parents are encouraged to join in.

Instructor: Lynette Vyhnanek
Location: BFHS Studio Room
Days: Wednesdays
Dates: Feb 19 - March 5
Time: 10:00 - 11:00 AM
Fee: \$25/child

Babysitting 101 Ages 10-16

Your child will learn the basics of being a safe and responsible babysitter. Topics covered include: how to market your business safely, age appropriate play and discipline, Heimlich and first aid basics, diapering and feeding infants and MORE! Each child will go home with a workbook and tote bag to start their business. Pizza will be served. Bring a water bottle. Min/Max: 6/20

Instructor: Lynette Vyhnanek
Location: BFHS Room E36
Day/Date: Monday, May 19
Time: 4:00 - 7:15 PM
Fee: \$45/child

Home Alone Safe Kids 101 Ages 9-14

Parents, peace of mind is here! We'll prepare your child for their solo adventure of taking care of themselves. Topics covered in class: responsibilities, simple first aid, digital safety and much MORE! Pizza will be served. Bring a water bottle. Min/Max: 6/20

Instructor: Lynette Vyhnanek
Location: BFHS Room E36
Day/Date: Thursday, May 1
Time: 4:00 - 7:00 PM
Fee: \$40/child

Brownie Scout Troop #8105

Troop #8105 is a Brownie Girl Scout Troop for girls entering Second Grade for the 2024- 2025 school year. Meetings are held every other Wednesday from 6:00-7:30 PM.

Troop Co-Leader: Lynette Vyhnanek

8 Email: gstroop8105@gmail.com



Kids Nature Hike & Craft Ages 6+

Lace up your hiking boots and join us for a fun hike through Kishwauketoe! Stop by the pavilion after the hike to create a fun craft. Dress for the weather! Min/Max: 4/10

Fee: \$10/child
Time: 4:00 - 5:00 PM
Date: April 24
Craft: DIY Bird Bath
May 13 Recycled Bottle Windchime

Dinosaur Terrarium Grades 1-8

Create your own dino land! Use sand, trees, rocks, and more to create your own land of adventure!

Instructor: Dean Connley
Location: BFHS Art Room
Day/Date: Tuesday, April 22
Time: 4:00 - 5:00 PM
Fee: \$25/child

No School! Kids Day Off Grades 4K-8

No School, No Problem! Each day off we will craft, do science experiments, watch a movie, and bake in the foods lab. Min/Max: 4/15

Instructor: Lynette Vyhnanek
Location: BFHS Room E32
Dates: Friday, January 24
Friday, February 21
Friday, April 18
Time: 9:30 AM - 3:30 PM
Fee: \$45/child/date

TGIF Open Gym Grades 2-8

Friday night open gym with basketball, dodgeball, volleyball and more! We'll provide pizza and lemonade for dinner as well. Min/Max: 10/50

NEW WAIVERS NEED TO BE FILLED OUT

Location: Sharon Community School Gym
Date: Fridays, Jan 17, March 14, and April 11
Time: 5:00 - 7:00 PM
Fee: \$5/child/date

Cub Scout Pack #237

Cub Scout Pack #237 provides ready-made opportunities for your family to have fun experiences together. Cub Scouts is for boys and girls entering grades K-5. Contact to join at any time!

Cub Scout Master: Joe Vyhnanek
Email: wbcubscoutpack237@gmail.com



let's get **CREATIVE**

NEW! Spring Break Musical Theatre Camp: **Tangled**

Grades 1-6

Join us for a Spring Break Tangled Musical Theater Camp, where Rapunzel, a beautiful and feisty tower-bound teen, strikes a deal with a handsome thief and escapes on an incredible adventure! Through the week, we will work on performance, play theater games, create projects, and enjoy much theater fun. It's a perfect way to spend Spring Break. Min/Max: 8/20

Instructor: Children's Theatre Camp Staff
Location: BFHS Auditorium
Dates: March 24- March 28
Time: 9:45 AM - 2:45 PM
Fee: \$240/person



Kids Art Workshops

Ages 5-17

Get creative with paint! A parent may be present. Each activity is slightly different. Learn to draw, paint or get creative with yarn! Min/Max: 4/15

Instructor: Jennifer with A Glass of Art
Location: BFHS Room E33
Day: Tuesdays
Time: 4:00 - 5:00 PM



Winter Cardinal
Jan 21
\$20



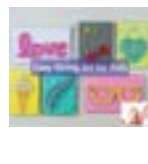
Dog Man
Feb 18
\$20



Draw-A-Minion
March 18
\$20



Flower Pots
April 15
\$25



String Art
May 20
\$25

LEGO Builders

Grades 1-8

Each week starts with a pile of LEGOs and ends with a completed model. Models could include trucks, planes, boats, tractors, motorcycles and more. Start a new project each week. All projects stay with the instructor, but you will get a small kit on the last day to take home. Min/Max: 5/15

Instructor: Dean Connley
Location: BFHS Library
Day: Wednesdays
Dates: Feb 12 - 26
Time: 4:00 - 5:00 PM
Fee: \$20/child

Fun With Clay

Grades 1-8

Choose a project with step by step instructions to create a work of art. Explore your creativity while learning ceramics with instructor Dean Connley. Min/Max: 5/14

Location: BFHS Room E32
Day: Thursdays
Dates: Feb 13 - March 13
Time: 4:00 - 5:00 PM
Fee: \$40/child

Marble Run Fun!

Grades 1-8

Does the winter weather have you losing your marbles? Send the kids to Marble Run Fun! This creative hands-on class will have your child building their own creations using a pile of tubes, ramps, spinners, drops and funnels.

Instructor: Dean Connley
Location: BFHS Library
Day: Wednesdays
Dates: March 5 - March 19
Time: 4:00 - 5:00 PM
Fee: \$30/child

Slime Time!

Grades 4K-8

Join us for ooey-gooey fun! We'll be making different variations of slime. Each child will get to take home the slime they make at the end of class. Please register for each class individually. Min/Max: 6/20

Instructor: Lynette Vyhnanek
Location: BFHS Room E33
Time: 4:00 - 5:00 PM
Fee: \$15/child/date

Date

Mon, Jan 27
Tues, March 4
Mon, May 5

Slime

Dry Ice Experiment
Shamrock Slime
Fluffy Rainbow Slime

Jr. Picassos

Grades 1-8

Jr. Picassos will bring out your child's hidden talents by exploring various means of expression through painting and drawing. Create colorful masterpieces! Min/Max: 5/20

Instructor: Dean Connley
Location: BFHS Room E33
Day: Wednesdays
Date: January 15 - 29
Time: 4:00 - 5:00 PM
Fee: \$20/child

Build A Bee Bear

All Ages

Watch your child's eyes light up as you help them bring their adorable stuffed animal to life. Each child will receive a kit that includes their bear, the wishing star that goes inside, birth certificate, stuffing, and a bag to bring them home in! **Registration deadline is February 2.**

Instructor: Lynette Vyhnanek
Location: BFHS Room E33
Date: Wednesday, February 12
Time: 4:00 - 4:45 PM
Fee: \$25/kit (ONE adult per child may join in on the fun)



COOKING up some FUN

Creative Chefs

All Ages

Come make easy recipes with Lynette! We will be making multiple treats and snacks. A great way to get out of the house and have some fun with the kids. Children under 7 must have a parent present. Min/Max: 6/20

Instructor: Lynette Vyhnanek

Location: BFHS Room E35

Fee: \$25/serving

Day/Date	Time	Class
Sat. Jan. 25	10:00 - 11:30 AM	Cinnamon Rolls
Fri. Mar. 14	4:00 - 5:30 PM	Pie Day (French Apple)
Wed. April 23	4:00 - 5:30 PM	Rainbow Cupcakes
Mon. May 12	4:00 - 5:30 PM	Jumbo Pretzel w/Cheese

Grown-Up & Me Cookie Decorating Ages 7+

Partner up with a grown up to decorate fun cookies. You will learn decorating techniques such as outlining, flooding, piping, and wet-on-wet techniques. Royal icing will be made in advance. Each set includes 4 cookies. Min/Max: 6/16

Instructor: Kim Abell, owner
Kim's Custom Treats

Location: BFHS E36

Date: Saturday, April 5

Time: 9:00 - 11:00 AM

Fee: \$45/set



It's Back! Young Chefs

Grades K-8

Learn the basics of baking while preparing tasty treats. Develop safe cooking techniques while learning how to measure, prepare, serve and clean up. Kids will be able to enjoy their dishes and take home any extras. Recipes will be included. Min/Max: 6/16

Instructor: Lynette Vyhnanek

Location: BFHS Room E35

Day: Mondays

Dates: February 3 - 17

Time: 4:00 - 5:15 PM

Fee: \$45/child

NEW! National Puppy Day

Grades K-8

There is a day for everything! National Puppy Day is on March 23rd. Let's prepare to celebrate our puppy/dog. We will make a fun craft and homemade dog biscuits (edible for dogs and humans). No need to actually own a dog but it's a plus if you know one!

Instructor: Lynette Vyhnanek

Location: BFHS Room E36

Date: March 21

Time: 4:00 - 5:30 PM

Fee: \$15/child

NEW! Dodgeball League

Ages 6-10

Duck, dip, dive & dodge! This is a non-stop hour of fun dodgeball games. We will be using the indoor "gatorskin" dodgeballs. Think you have what it takes to survive in this league? Join now! Min/Max: 10/20

Instructor: Dean Connley

Location: BFHS East Gym

Day/Dates: Thursdays, March 6 - 20

Time: 6:00 - 7:00 PM

Fee: \$30

Youth Soccer

Ages 4-6

Learn the fundamentals. Our approach emphasizes the rules, basic moves, elementary and fun-filled drills. We'll break down each offensive and defensive position for a full understanding of the game. Participants receive a T-shirt. Min/Max: 10/30

Instructor: Rene Perez

Location: BFHS Soccer Fields

Day/Dates: Wednesdays, April 16 - May 14

Time: 5:00 - 6:00 PM

Fee: \$45 Resident/\$55 Non-Resident

Nerf Battle

Grades 1-8

Lock and load! Bring your NERF blaster, we'll provide the "ammo" including regular darts, Mega darts, and NERF Rival. Take cover behind our inflatable bunkers!

Min/Max: 10/20

Location: BFHS East Gym

Fee: \$10/date

Day/Date Time

Thur, Jan 9 6:00 - 7:00 PM

Thur, Jan 23 6:00 - 7:00 PM

Thur, Feb 13 6:00 - 7:00 PM

Mon, March 10 6:00 - 7:00 PM

Thur, April 10 4:00 - 5:00 PM

Mon, April 21 4:00 - 5:00 PM

Start Smart Sports Development

Ages 2-4

Start Smart is a national program offered through the National Alliance for Youth Sports. This introductory sports program prepares kids for organized sports. Parents work with their child, the instructor, and other kids in a fun, non-threatening environment to learn the basic skills of throwing, catching, kicking and batting. Parents and children should dress ready to play! Min/Max: 4/12

Instructor: Lynette Vyhnanek

Location: BFHS Main Gym

Days: Tuesdays and Thursdays

Dates: April 10 - 22

Time: 5:00 - 5:45 PM

Fee: \$40/child



Golf for Beginners

Ages 5-12

This class is designed for beginner golfers who are just getting started with the wonderful game of golf! Join us at the Big Foot Golf Range where we will work on grip, swing, rules of the game and etiquette. We will head over to Country Club Estates on one of the days for some practice putting. Please bring your own clubs if you have them. We will have clubs available if you do not own any yet.

Instructor: Chris Wedell, USGA Golf Coach
Location: Big Foot Golf Range
Day/Dates: Saturdays, May 3 - 17
Time: 10:00 - 11:00 AM
Fee: \$45/child

Mini Chiefs Youth Basketball

Grades 1-3

This co-ed program focuses on learning the fundamentals of basketball, with an emphasis on building skills and strategy to help players fully understand the game. The last three weeks of the Mini Chiefs program, the third graders will break off for 3-on-3 mini games. They will still participate in skills and drills for the first three weeks as part of the Mini Chiefs. Min/Max: 12/24

Instructors: Steve Torrez, Austin Hoey & BFHS Athletes
Location: BFHS Main Gym
Day/Dates: Tuesdays, Feb 18 - March 18
Time: 6:00 - 7:00 PM
Fee: \$45 Resident/\$55 Non-Resident

Archery

Ages 8+

Bows, arrows, targets, and fun. Learn the basics of archery in a safe and controlled environment. Min/Max: 5/20

Instructors: Chuck Thiesenhusen & Dean Connley
Location: BFHS-Practice Field (behind school)
Day/Dates: Thursdays, May 1 - 15
Time: 4:00 - 5:00 PM
Fee: \$30 Resident/\$40 Non-Resident

Mini Attack - Girls Volleyball

Grades 1-4

Join coach Chad Roehl and the BFHS volleyball team for some fun while learning the fundamentals of the sport. The hour will be split between drills and playing the game.

Location: BFHS East Gym
Day/Dates: Saturdays, April 5 - May 3 (no 4/19)
Time: 9:00 - 10:00 AM
Fee: \$45 Resident /\$55 Non-Resident

Youth Golf

Ages 8-17

Learn fundamentals and prepare to bring your game to the course. Proper etiquette and safety will be taught. Classes cover basic full swing fundamentals, putting and stroke fundamentals, chipping, pitching and sand shots, as well as taking your game from range to course. A limited supply of clubs are available to those that are in need. Min/Max: 4/6

Instructor: Jack Shoger, P.G.A. Instructor
Location: Abbey Springs Golf Course
Day/Time: Saturdays, 2:00 - 3:00 PM
Dates: April 26 - May 17
Fee: \$95/child

Flag Football Skills & Drills

Grades K-5

Learn the fundamentals of flag football. Players will be in groups based on age. This is a skills and drills class to boost footwork, build skill sets, and give you the tools you need to improve your game. Some drills will include throwing, catching, and snapping a football. Players will also condition and work on flag pulling drills. Min/Max: 8/36

Instructor: Cory Giese & League Coaches
Location: BFHS Main Gym
Day/Time: Mondays, 6:00 - 7:00 PM
Dates: April 14 - May 19
Fee: \$40/child

Esports Club

Grades 3-8

Step into the world of Esports and have fun playing video games with your friends! We'll be playing games like Super Smash Bros, Mario Kart, Rocket League & more. The high school Esports team will be there to help coach you and join in on the fun! Min/Max: 4/10

Instructor: Jill Connley, BFHS Esports Coach
Location: BFHS Library - Esports Room
Day/Dates: Tuesdays, Jan 14 - Feb 18
Time: 4:00 - 5:00 PM
Fee: \$45/child

Co-Ed T-Ball (4* - 6 Years)

Coach Pitch (6, 7 & 8 Years)

Players must provide their own glove. Every player will experience every position throughout the 6 weeks and every player bats every inning.

T-Ball focuses on the basics of throwing, catching, hitting, base running and positions. *Parent coaches are required for children 4 years old.

Coach Pitch starts off with the basics, then works on more advanced fundamentals of the game, such as outfield relay throws, when to stretch a base hit into a double and directional hitting.

Registration Deadline: May 17

Location: BFHS
Season: Early June - Mid July
Practice/Games: Tuesdays/Thursdays
Time: 6:00 - 7:00 PM
Fee: \$50/player (includes team shirt and hat)



youth DANCE

Mondays in the BFHS Studio Room
March 3 - April 21 (no class 3/31)

Instructor Lynette Vyhnanek is trained in Ballet (minor pointe work), Tap, Jazz, Hip-Hop, Lyrical, and Contemporary. Lynette has choreographed many solos, duos, and groups that hold First Place National Titles.

Parent/Tot 18-36 mos.

Get ready to wiggle and move by learning to use your gross motor skills, following directions, making friends, and having fun! One adult per child is needed to participate. Siblings who are able to walk must be registered if present. Min/Max: 4/12

Time: 3:45 - 4:15 PM

Fee: \$60

Kiddie Movement Ages 2.5-5

Prepare for dance by learning the language, developing self-confidence and structure, and having fun! The beginning skills of movement and dance will be taught.

Min/Max: 4/12

Time: 4:15 - 4:45 PM

Fee: \$60

Dance Foundations Ages 6-8

This class will include ballet, jazz, tap and musical theater. Dancers will learn the fundamentals of ballet and jazz. Ballet barre and terminology is taught with the class. Min/Max: 4/12

Time: 4:45 - 5:30 PM

Fee: \$70

Musical Theater Ages 9-14

Dancing, Singing, and Acting...all in one class! This class will focus on Broadway style jazz as well as lyrical and ballet techniques. Min/Max: 4/12

Time: 5:30 - 6:15 PM

Fee: \$70

Recital Costume Fee Due by March 24 : \$55

Parent/Tot does not perform in the recital.

Our program is growing!

Additional Dance

Instructors & Assistants

Wanted

Contact Lynette at 262-275-2117.

Pom And Cheer Drill Team Grades K-8

Come and cheer on the Big Foot High School Basketball Team! Learn a fun, upbeat dance for a half time performance and a few cheers. Each participant will receive a T-shirt and hair bow. Min/Max: 8/24

Coaches: Trinity Tofel, Wolves Cheer Coach
& Lynette Vyhnanek

Location: BFHS Studio Room & Gyms

Practice: Mon & Wed, Jan 6 - 22 from 4:00 - 5:30 PM

Games: Jan 16 at 5:40 PM

Jan 24 at 5:40 PM, and 7:00 PM

Fee: \$75/child, Includes T-Shirt and Hair Bow

Tumble & Floor Gymnastics Grades K-8

In this co-ed class, you will learn the fundamental elements of floor gymnastics, with an emphasis on coordination, flexibility, and strength. Fun exercises and basic tumbling positions will be taught. Forward rolls, handstands, cartwheels, and bridges must be mastered to move on to the intermediate level. Min/Max: 6/16

Instructor: Trinity Tofel, Wolves Cheer Coach

Location: BFHS Main Gym

Dates: Wednesdays, April 16 - May 21

Fee: \$55/child

Level Time

Beginner 5:00 - 6:00 PM

Intermediate 6:00 - 7:00 PM

Dance & Music Recital

Dance and Music will be coming together to put on a Spring Recital.

Location: BFHS Auditorium

Date: Sunday, April 27

Time: 2:00 PM



Music Lessons

Piano Lessons with Sarah Ages 4 - Adult

Lessons are tailored to the age and interest of each student. Sarah has enjoyed teaching a variety of age groups and classes since 2013, and has been specializing in piano lessons since 2018.

Instructor: Sarah Anderson
Bachelor's of Music Ed.
Location: BFHS Music Rooms
Fee: \$90/month (plus cost of books)
Days: Fridays
(Sat lessons available upon request)
Times: Half hour sessions
from 4:00 - 7:30 PM
Dates: Jan 10 - May 30 (no 3/28 or 4/18)



Band Lessons with Sarah Ages 4 - Adult

Lessons are tailored to the age and interest of each student. Lessons are designed for students who play instruments including: **clarinet, saxophone, and beginning band instruments.**

Instructor: Sarah Anderson
Bachelor of Music Education
Location: BFHS Music Rooms
Fee: \$90/month (plus cost of books)
Days: Saturdays
Times: Half hour sessions
from 4:00 - 6:00 PM
Dates: Jan 11 - May 31 (no 3/29 or 4/19)

Piano Lessons with Adam Ages 4 - Adult

Lessons are geared to the student's age and interest. Adam has enjoyed his first four years teaching music and choir at Fontana Elementary School and is excited to continue teaching private piano lessons.



Instructor: Adam Smith, Bachelor of Music
Location: BFHS Music Rooms
Fee: \$90/month (plus cost of books)
Days: Saturdays
Times: Half hour sessions
from 8:30 - Noon
Dates: Jan 4 - May 31
(no 1/18, 3/22, 3/29, 4/19, 5/17 and 5/24)

Guitar & Bass Lessons with Matt Ages 7 - Adult

Lessons are designed for beginner through advanced guitar players. You'll learn how to read music, guitar tabs & chords. Matt Webber has been teaching for the last 18 years at Breber Music and 7 years at Big Foot Recreation. (Acoustic or electric).



Instructor: Matt Webber
Location: BFHS Music Rooms
Fee: \$90/month (plus cost of books)
Day: Wednesdays
Times: Half hour sessions
from 4:00 - 6:30 PM
Dates: Jan 8 - May 28

Voice Lessons with Elise Ages 4 - Adult

Elise Williams received her Bachelor of Music degree at the University of Wisconsin-Platteville. Lessons will be catered to the interests and abilities of each individual student. Williams is prepared to help each student discover their own unique voice and foster growth within whatever genre the student sees fit.



Instructor: Elise Williams, Bachelor of Music
Location: BFHS Music Rooms
Fee: \$90/month (plus cost of books)
Days: Thursdays
Times: Half hour sessions
from 4:00 PM - 8:00 PM
Dates: Jan 9 - May 22 (no 3/27)

Music Lesson Policies:

- Four Lessons per month, unless otherwise noted
- You will be assigned an available time slot at the start of the season.
- Continuing students will be given preference to continue in their time slot.
- Music Lessons are paid for by auto pay on a credit card. You have one week prior to the month's first lesson to cancel.
- **Make-up dates are not available.**

Give the gift of fun!

Gift Certificates available
for all recreation programs

Big Foot Recreation District
Gift Certificate

Presented To: _____
From: _____
Date: _____ Amount: _____
Name: _____
Address: _____
Phone: _____
Email Address: _____

Authorized by: 

celebrating EARTH DAY

NEW! Growing Vegetables in Containers

Growing vegetables in containers is a great way to grow fresh food without needing a lot of space. Almost any vegetable can be grown in a container. Learn about how to select and care for a variety of vegetables, from leafy greens to root crops, and keep them thriving all season long. Min/Max 5/20

Instructor: Julie Hill, Horticulture Specialist for UW-Madison Division of Extension.

Location: BFHS Room W8

Date: Monday, March 24

Time: 5:30 - 6:30 PM

Fee: FREE, advance registration required

NEW! Green Cleaning

Adult

We'll teach you how to make non-toxic, natural cleansers for your home, and how to use reusable tools. You may even go home with some great surprises to start you off on your journey to a green lifestyle.

Instructor: Vicky Hinchey, Certified Path to Positive Communities Ambassador

Location: BFHS Room E36

Date: Wednesday, April 2

Time: 5:30 - 6:30 PM

Fee: \$10/person



NEW! Olbrich Botanical Gardens Tour

We'll take a guided tour of the beautiful Olbrich Botanical Gardens in Madison and learn about plants, pollinators and sustainability. Min/Max: 6/13

Registration deadline is April 17.

Date: Thursday, April 24

Departing: 8:45 AM at BFHS Recreation Entrance

Returning: 4:15 PM to BFHS Recreation Entrance

Fee: \$30 (Includes tour & travel in the Recreation Van)

Bring cash for lunch

NEW! From Scraps to Soil: Composting Basics

Have you ever wondered about making your compost? In this overview of composting basics, find out the do's, the don'ts, and what happens to compost over winter so you can successfully recycle your lawn, garden and food scraps. Min/Max 5/20

Instructor: Julie Hill, Horticulture Specialist for UW-Madison Division of Extension.

Location: BFHS Room W8

Date: Monday, April 28

Time: 5:30 - 6:30 PM

Fee: FREE, advance registration required

Julie provides horticulture education for the residents of Walworth, Rock & Jefferson Counties

How to Install your Rain Barrel

Helping to save Geneva Lake one barrel at a time. Get your rain Barrel from the GLC this summer. We'll show you how to attach a rain diverter to your gutter and then to the barrel itself. Additionally, we'll cover caring for the rain barrel throughout the seasons, and use of pedestals and additional equipment that can be attached to the rain barrel. Learn how much rainwater can be harvested with just a single 1 inch rain fall!

Instructor: Peggy Rasmussen

Location: BFHS Room W27

Date: Saturday, April 26

Time: 10:00 AM

Class Fee: FREE

Rain Barrels available online for \$50 and up.

Scan the QR code to order your rain barrel!



Electronics Recycling Drive

Have old electronics laying around the house and don't know what to do with them? Computers, monitors, printers, fax machines, phones, keyboards, wires, etc. will be recycled free of charge! There is a \$25 fee for flat screen or tube tv's, and a \$55 fee for wood console & projection tv's. Other fees may apply, scan the QR code or check our website for a more detailed list of accepted items and fees.

Hosted by: Big Foot Rec & Big Foot Esports

Location: BFHS Parking Lot

Date: Saturday, April 26

Time: 9:00 - 11:00 AM



Scan the QR code or check our website for a more detailed list of accepted items and fees.

ADULT education

First Aid & CPR With AED

Ages 14+

Learn how to recognize and respond to first aid, choking and cardiac emergencies with adults, children and infants. We'll cover how to respond to and identify the signs of respiratory and cardiac difficulties and procedures for care including using an AED. Upon successful demonstration of skills learned, participants will receive certification, which is good for two years, issued through the American Heart Association. Min/Max: 4/12

Instructor: Mercy Health Instructor
Location: BFHS Room E36
Date: Saturday, May 17
Time: 9:00 AM - 2:00 PM
Fee: \$85/person

Beginner's Guide To Estate Planning: Understanding Wills, Trusts, Powers Of Attorney And Avoiding Probate

"What do I really need as part of my estate plan?" "Do I need a trust?" "How can I avoid probate?" Estate planning attorney, Alyssa S. Wilson, will discuss these questions. You'll learn the basics of arranging a plan, receive helpful tips on protecting your estate and improve your understanding of probate.

Instructor: Alyssa S. Wilson, Estate Planning Attorney
Location: Big Foot High School, Room W8
Date: Wednesday, March 12
Time: 7:00 - 8:00 PM
Fee: Free (Registration Required by 3/6)

"How It's Made" Tour featuring



For over 50 years, Dalco has been a leading family-owned supplier of flat rolled steel processing services in the Midwest where they cut and flatten large rolls of steel & aluminum to sizes suitable for manufacturers. In 2020 they built an additional 80k sq ft plant on Badger St to expand their capabilities. Additionally, Dalco has three laser cutters which can precisely cut steel parts up to 1" thick. Their metal services can streamline a manufacturers' supply chain to be a one-stop-shop — right here in Walworth! Max: 20

Location: Dalco Metals Inc.
123 Badger Street, Walworth, WI

Guide: Bill Ring, President
Date: Wednesday, March 5
Time: 10:30 AM

Fee: FREE, advance registration required



Requirements: Advanced registration required. Closed toe shoes, no loose clothing, hearing and eye protection will be required, ages 16+

We feature different manufacturing facilities in the area. If your business is interested in opening your doors and showing off your expertise please contact us.

Medicare Made Simple

Healthcare at any stage of life is important. Choosing the right Medicare plan is an important part of your retirement strategy. Learn the differences between Medicare Supplement, Advantage, and Part D plans along with the timing for claiming benefits.

Location: BFHS Room W8
Instructor: Jim Pfeil, FIC, RICP, MBA.
Elkhorn Medicare Solutions, Elkhorn WI
Date: Monday, March 10
Time: 6:00 - 7:15 PM
Fee: Free, Advance Registration is Required

Basic Home Repair

Adult

Gain the confidence and skills to tackle projects on your own! This program covers the most common home maintenance items, such as: · General plumbing (leak repair, toilet repair, water temp) · Electrical switch and outlet replacement · Drywall repair · Door adjustments · And more!

Instructor: Joe Vyhnanek, General Contractor
Location: BFHS Room E7
Date: Wednesday, May 7
Time: 5:30 - 7:30 PM
Fee: \$35/person

TECH ed

Cutting The Cord

"Controlling Cable & Internet Costs"

Fees for cable television, home internet, smartphones and streaming services quickly add up. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Min/Max: 6/15

iPad/iPhone Tips, Tricks & Techniques

This hands-on class is specific to Apple iPhone, iPad tablets and iPad Mini devices. Learn tips, tricks, techniques to navigate, organize, backup and add useful apps to your iPhone, iPad or iPad mini device. Min/Max: 6/15

The Camera In Your Smartphone

It's a camera, it's a photo album, it's a television - it's your phone. Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more. Min/Max: 6/15

Organizing Digital Photos

"You have pictures in your camera...now what?"

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what...? This two-hour seminar teaches techniques to save and organize pictures from cameras and smartphones to your computer, to external devices and to "the Cloud." Min/Max: 4/20

Location: BFHS W8
Instructor: C.T. Kruger
Time: 6:30 - 8:30 PM
Fee: \$30/person/class

Class

Cutting the Cord
ipad/iphone Tips
Camera In Your Smartphone
Organizing Digital Photos

Date

Thursday, April 10
Thursday, April 17
Thursday, April 24
Thursday, May 1

Big Foot Recreation Wellness Club

January 2 - March 1

Big Foot Recreation and Advocate Aurora Health are teaming up again to provide

our **FREE** Award-Winning Wellness Club!

Get punches and stay motivated by:
Attending fitness classes! Weekly weigh ins!
Fitness Center Attendance!
Free wellness screening!



- Become healthier, more active and physically fit
- Have fun and win prizes
- Weekly punch cards keep you on track
- Signing up is simple

Register: In the Recreation Office to get your punch cards or BF Rec website and download your punch cards.

Join at any time!

Find  throughout the guide to see what programs qualify!



3 PILLARS OF WELLNESS



100 - Mile Challenge

All Ages

Walk-Run-Hike-Snowshoe-Bike-Swim

Looking for another active challenge after the Wellness Club? Join anytime. All you have to do is register, download the mileage log or pick it up at the Recreation Office, and start being active!

Dates: March 1 - May 31

Fee: FREE - register anytime

Log 100 miles and earn a T-shirt!



Healthy Habits Group Challenge

Ever been excited to start incorporating healthy habits, starting out strong, only to fizzle out? Research shows publicly sharing goals gives you a 65% chance of completing them. Having accountability increases that to 95%! These 4-week challenges offer you a fun accountability program designed for your success!

We focus on 4 healthy habits: drinking water, physical activity, eating vegetables and relaxation. These easy-to-follow challenges couldn't be simpler! You just need to sign up, start charting with our easy forms, and submit your points weekly.

New habits take between 18 - 254 days and at least 30-60 repetitions to develop. These challenges are designed to support, inspire, and keep you going. The group provides playful competition, but the goal is individual progress working at your own pace.

The highest score each month wins fun prizes that include the next month's challenge FREE!

Instructor: Lauren Porstner

Location: BFHS Studio Room

Day/Time: Meet Mondays from 9:15 - 9:45 AM

You do not need to be present at meetings to participate. All materials can be emailed

Session 1: Jan 6 - Feb 2

Session 2: Feb 3 - March 2

Session 3: March 3 - 30

Session 4: March 31 - April 27

Session 5: April 28 - May 25

Fee: \$30/session, purchase all 5 for just \$25/session



Adult Intro to Free Weights†

Looking to add some strength training to your cardio routine? Big Foot strength and conditioning coach, Alison Krick shows you how to lift safely with proper form. Focus will be on using free weights. Coach Krick will also show you how to program an efficient workout to achieve your fitness goals! Min/Max: 5/15

Instructor: Alison Krick, CrossFit Level 1 Trainer

Location: BFHS Fitness Center

Fee: \$15/date

Day/Dates Time

Mon, Jan 13 5:30 - 6:30 PM

Mon, Jan 27 3:00 - 4:00 PM



Wake Up & Thrive†

This class combines QiGong*, breathing techniques, stretches, yoga and short meditations. Gentle and enjoyable movements are designed to build strength, increase balance, increase range of motion, increase health and decrease stress. Your body and mind will feel wonderfully relaxed, more peaceful, less stressed, more flexible and energized. Class is structured for everyone to move at their own pace. Great for all levels.

**QiGong is a practice similar to Tai Chi, however QiGong is performed standing still. It combines slow, purposeful movements, the breath, and mindfulness.*

Instructor: Lauren Porstner

Location: BFHS Studio Room

Dates: Mondays, Jan 6 - May 19
(no class March 24)

Time: 8:00 - 9:00 AM

Fee: \$10 Daily Drop-In Rate

\$36/4-punch card

\$152/ALL Classes



Senior SEALS Cadets †

Join us for a combination of weight training, body weight exercises and stretching that will increase balance, flexibility and mobility. This class moves at a slower pace, and allows for plenty of guidance. Perfect for those just starting on their journey. Min/Max: 5/15

Instructor: Kathy Nisius, Health Coach & PT

Location: BFHS Studio Room

Dates: January 3 - May 30. Join at any time

Day/Time: Fridays/8:15 - 9:15 AM

Fee: \$85/6 week session



Beginner's Guide To The Gym Adult

Are you overwhelmed when you walk into a gym/fitness center? Maybe not sure how to use the equipment? Join BFHS Coach Alison Krick in a hands on introduction.

Location: BFHS Fitness Center

Fee: \$20 per date, includes membership card

Date Time

January 6 3:00 - 4:00 PM

January 20 3:00 - 4:00 PM



Senior/Chair Yoga †

Designed for persons with limited mobility or balance. We'll flow through gentle movements to improve strength and range of motion around each body joint. Each class will utilize a stable chair to support modified yoga poses. Sessions will end with a short meditation.

Instructor: Vicky Harrington, Certified YogiFit Level 1

Location: BFHS Studio Room

Days: Mondays or Fridays

Time: 11:00 - 11:45 AM

Dates: Jan 3 - May 30 (no 1/31, 2/3, or 5/26)

Fee: \$100 / 10-punch card



Pilates †

Ages 18+

Develop a longer, leaner, stronger and more graceful body by improving muscular symmetry, alignment, posture, core-strength and flexibility. All abilities and body types welcome. These classes will focus on low impact pilates with deep stretching and awareness of breathing. Min/Max: 6/15

Instructor: Laura Palmer, Certified Pilates Instructor

Location: BFHS Studio Room

Date: January 8 - May 28 (no 2/12, 2/19, or 3/5)

Day: Wednesdays

Time: 6:30 - 7:15 PM

Fee: \$80 (10 punch card)



Adult Walking Club - FREE †

Enjoy the company of others while walking outside or in the halls of the school and receiving the great benefits of walking: improve circulation, lower cholesterol and blood pressure, and increase longevity. The club will meet in the Studio Room. Please register in advance. Min/Max: 4/15

Leader: Annette McNamara

Days: Tuesdays

Dates: Jan 7 - Feb 25 Indoors

March 4 - May 20 Outdoors

Time: 8:30 - 9:30 AM



Healthy Living for the Feminine Body

Join our medical and wellness professionals for an interactive seminar as we discuss healthy choices for youthful longevity. This uplifting seminar is FREE TO STUDENTS. We'll explore holistic methods for a vibrant lifestyle, from preventative practices to daily routines, covering many topics women of every generation will benefit from knowing. Swag bag included!

The Line Up:

Lauren Porstner, LPN, CranioSacral Therapist

Life in Balance

Dr. Lyon

The Science & Art of Postponing and Preventing Breast Cancers

Dana Racana, LE, Esthetics Educator, LMT

Choosing the Best Foods for a Glowing Complexion

Molly (Platt) Hinder, PT, DPT

Is Your Pelvic Floor Healthy?

Kathy Nisius, PT

How to Treat Your Own Pain

Courtney Castelein, Nurse Practitioner

Hormones for Longevity

Date: Saturday, Feb 1

Where: Big Foot High Schol Auditorium

When: 9:00 AM - 3:00 PM (Doors open at 8:45 AM)

Fee: \$15/pp, ages 18+, FREE to Students

Bring a lunch

Schedule of
events coming
soon!



Fit Happens † Circuit Training **Ages 16+**

Join us for a combination of weight training, body weight exercises, and HIIT that builds muscle, burns fat and energizes you. This class will take you from the weight room for weight training, to the studio room for combination circuits using both body weight and free weights, and sometimes outdoors to utilize the track and outdoor spaces. Designed for increasing muscle, cardio and fun! Any body can do it! Min/Max: 5/15

Instructor: Kathy Nisius, Health Coach & PT

Location: BFHS Studio Room

Dates: January 7 - May 31

Day/Time: Tuesdays/6:00 - 6:45 AM

Saturdays/7:00 - 8:00 AM

Fee: \$35 / 5 classes

\$70 / 10 classes



NEW! Body Basics

This is a series of 5 classes focusing on 5 different body parts. Each class will focus 1/2 education, 1/2 movement for learning how to care for ourselves. Min/Max: 5/15

Instructor: Kathy Nisius, Health Coach & PT

Location: BFHS Studio Room

Time: 8:00 - 9:30 AM

Fee: \$20/class

Body Part Date

Back Jan 11

Hip Jan 25

Shoulder Feb 8

Knee Feb 22

Foot & Ankle March 8

NEW! Get an all-access 5-punch card card good at any qualifying † fitness class, just \$50. Try them all! Available Jan 1 - March 1, during the Wellness Club

ADULT escapes & ADVENTURES

NEW! Spain's Traditional Cuisine with Wes

Cook up Spain's most delicious, traditional cuisine, from tasty tapas to seasoned seafood paella and sweet treats. Wes will guide cooking teams through various culinary regions of Spain.

Allergy alert: seafood dishes will be prepared. Min/Max: 10/25

Instructor: Chef Wes Slawson, Culinary Arts Teacher
Location: BFHS Room E35
Dates: February 18 & 19
Time: 6:00 - 8:00 PM
Fee: \$60/person

NEW! Best of Mexican Cooking with Wes

Best of classic and contemporary Mexican cooking. Cooking teams will prepare recipes mostly from award-winning Rick Bayless, who is changing the image of Mexican food in America.

Min/Max: 10/25

Instructor: Chef Wes Slawson, Culinary Arts Teacher
Location: BFHS Room E35
Dates: March 18 & 19
Time: 6:00 - 8:00 PM
Fee: \$60/person

Wes Slawson directs the Culinary Arts program at BFHS and teaches college-level courses throughout the school year.

NEW! Cutting/Charcuterie Board Making Ages 16+

Join us for this fun class where you'll build your own premium cutting board that you'll be proud to show off to your guests! Anna will cover woodworking basics, and teach you how to use various machines & hand tools to create a beautiful 12" x 18" edge grain cutting board. Min/Max 5/10

Instructor: Anna Stamschror, BFHS Tech Ed Instructor
Location: BFHS Room E14, Woods Lab
Date: March 4, 5, and 6
Time: 5:00 - 8:00 PM
Fee: \$50/person



NEW! Black & White Analog Photography Workshop

Join us for an immersive, five-week journey into the timeless world of analog photography. In this hands-on workshop, you'll learn the basics of shooting, developing, and printing black and white photos, using traditional film cameras and darkroom techniques. Perfect for beginners and those wanting to rekindle a passion for film photography! Class Includes:

- Camera use for the duration of the workshop
- 2 rolls of 24-exposure film
- 20 sheets of 5x7 black & white photo paper
- All developing chemicals and supplies

Min/Max: 4/15
Instructor: Paul Boland, BFHS Photography Teacher
Location: BFHS Room E28
Day/Dates: Wednesdays, February 12 - March 12
Time: 5:00 - 7:00 PM
Fee: \$125/person

NEW! Chop & Cook "Use Up Your Pantry"

Tired of looking in your pantry and thinking "What should I make?" This class will help! Bring in the most random things from your pantry that you don't know how to use or incorporate into meals. With those items, we'll make a full 4 course meal.

Min/Max: 8/20

Instructor: Chef Stephanie Adamski
Location: BFHS Room E35
Date: Monday, February 3
Time: 5:30 - 8:30 PM
Fee: \$30/person

Ginger Beer Making & Tasting

21+

Learn to make your own ginger beer using raw ingredients for a refreshing and flavorful soda that you'll enjoy on its own or mixed with your favorite spirit for a delicious cocktail. The first week we meet at Big Foot where we will make and bottle our brew. The following week we'll gather at Kimkasi's in Fontana for a taste testing AND have the opportunity to have a cocktail/mocktail using our homemade ginger beer. Each batch makes 8, 12-oz bottles. All ingredients and bottles are included. Min/Max: 6/15

Instructor: Chuck Thiesenhusen
Location: BFHS E35 & Kimkasi's, Fontana
Day/Dates: Thurs, Feb 13 & 20
Time: 5:30 - 6:30 PM
Fee: \$35/batch

Fermentation Magic!

Fermentation utilizes time-honored techniques to enhance the flavor and duration of dairy products and tea. Learn the secrets to mastering these ancient traditions in improving your health by making probiotic rich yogurt, kefir, kombucha and fresh vegetables. You'll leave with a tasting and a starter culture to get you on your way!

Instructor: Master Mik
Location: BFHS Room E35
Date: Tuesday, March 11
Time: 6:00 - 7:20 PM
Fee: \$10/person

Paint & Sip

Adult

Join us and get creative while socializing with others. You will start with a blank canvas and end with a beautiful painting all guided by an experienced instructor.

No experience necessary! Drinks can be purchased at the bar. Min/Max: 4/20

Instructor: Jennifer with A Glass of Art
Location: Cruise Inn, Walworth or *Abbey Harbor House
Day: Wednesdays
Time: 6:00 - 8:00 PM
Fee: \$40/person/date

Date	Design	Fee
Jan 15	Cardinal	\$35
March 19	Cement Planter	\$35
April 16	Hummingbird	\$35
May 21	Garden Post*	\$40



Toast & Tinker at DJ's In The Drink 21+

Join us for an evening of creative fun and friendship! Unleash your inner artist while we create a different guided craft each month. No experience necessary! Drinks can be purchased at the bar. Min/Max: 4/20

Instructor:	Vicky Hinchey	
Location:	DJ's In The Drink	
Day/Time:	Mondays/6:00 - 8:00 PM	
<u>Project</u>	<u>Date</u>	<u>Fee</u>
Heart Wreath	Feb 10	\$35
Lucky Wall Art	March 10	\$35
Plant Pots	April 14	\$25
Floral Candle Holder	May 12	\$25



Pottery Workshop

Ages 15+

Create decorative and functional projects from clay. Both hand building and wheel techniques will be available. Each new participant is required to purchase clay. Minimum purchase of 20 lbs. of clay for \$20 - \$35 (different clay options available) with the option to purchase more for larger projects. **Choose from hand building or wheel throwing.** Min/Max: 5/10

Instructor:	Paul Boland
Location:	BFHS Art Room E32
Time:	5:00 - 7:30 PM
Fee:	\$100 per person (+clay)

<u>Session</u>	<u>Date</u>
1 Mondays	Jan 6 - Feb 3
1 Tuesdays	Jan 7 - Feb 4
2 Mondays	Feb 10 - March 10
2 Tuesdays	Feb 11 - March 11
3 Mondays	March 17 - April 21
3 Tuesdays	March 18 - April 22
4 Mondays	April 28 - May 26
4 Tuesdays	April 29 - May 27

Destination Travel Planning Springtime in Europe

Everything you need to plan your perfect European Spring Trip! Includes best places to visit, special Spring Events by country, budget considerations and travel tips. Min/Max: 4/20

Iceland

Always wanted to travel to Iceland? Come to this 45 minute class on how to plan the perfect Icelandic Adventure! Learn about various means of traveling, places of interest, budget considerations, travel tips...everything you need to make your Icelandic dream a reality! Min/Max: 4/20

UK Travel Adventure

Learn about the castles, steam railways, outdoor experiences, coastal retreats and more as we explore everything the UK has to offer travelers. Understand best times to travel to each country, budget considerations, and more. Min/Max: 4/20

Instructor:	Annamarie Gebar, Certified Hawaiian Tourism Board Destination Expert, Certified UK Travel Specialist	
Location:	BFHS W8	
Time:	6:30 - 8:00 PM	
Fee:	FREE	
<u>Destination</u>	<u>Date</u>	
Europe	Monday, Jan 13	
Iceland	Monday, Feb 10	
UK	Monday, March 10	

NEW! Intro to Card Making Teen-Adult

Have you ever wanted to try making your own greeting cards but don't know where to start? This is a great class to introduce some scrapbooking basics, tools and products. Choose one of three themes and make 3 cards to take home. All supplies included. Min/Max: 5/10

Instructor:	Robin Adams
Location:	BFHS Room E33
Date:	Wednesday, March 5
Time:	6:00 - 8:00 PM
Fee:	\$25/person



Quilting

Ages 16+

Beginners learn quilting skills needed to make a small project, focusing on patchwork piecing, applique, binding and machine quilting techniques. Advanced quilters can use this time for working on projects. Bring your own or for an added \$25, materials will be provided. Min/Max: 4/10

Instructor:	Barb Makovec
Dates:	Feb 4 - April 1 (no 3/25)
Days/Time:	Tues/4:30 - 6:30 PM
Location:	BFHS Room E36
Fee:	\$45 (+quilting materials)

Cribbage 101

Adult

Learn to play this card game of numbers and strategy. You don't need a partner to attend the class, but it's a great opportunity for you and your partner to learn together.

Instructor:	Vicky Hinchey
Location:	Main Street Country Store
Days:	Tuesdays, March 4 - April 1 (no 3/25)
Time:	10:00 - 11:00 AM
Fee:	FREE, please register in advance

Mahjong Class

Adult

Learn how to play Mahjong! This popular game originated in China centuries ago. It is played with engraved tiles and involves strategy, skill and a bit of luck. Each week's class will build off the previous, as we build our skills, strategy, and joy of the game. Max: 12

Instructor:	Jan Bryant
Location:	Gathering Grounds at Main St Country Store, Walworth
AM Session:	Thursday, Jan 16 - Feb 13; 10:00 - 11:00 AM
PM Session:	Thursday, Jan 16 - Feb 13; 12:00 - 1:00 PM
Fee:	\$10/session

Mahjong Club - Chinese Rules Adult

Once you've learned the rules and strategies of Mahjong, you'll be hooked! Come out with your friends - and make new ones while playing this thrilling game. <<Bring your nickels and dimes>> We are using Chinese rules. Min/Max 4/20

Supervisor:	Jan Bryant
Location:	Gathering Grounds at Main St Country Store, Walworth
Days:	Wednesdays
Session 1:	Jan 8 - Feb 26; 10:00 AM - Noon
Session 2:	March 5 - April 23; 10:00 AM - Noon
Fee:	Free - advanced registration required

adult SPORTS



Adult Futsal Pickup Games **Ages 16+**

Join us for fun, informal pickup games at Big Foot. Each Sunday we'll put together different teams to mix it up and meet new people. This fast paced, indoor soccer game emphasizes control, improvisation, creativity and technique. It's a great time to join your friends and get your sweat on.

Supervisor: Brooke Patterson
Location: BFHS Main Gym
Session 1: Sundays, Jan 5 - Feb 23
Session 2: Sundays, March 2 - April 20
Dates: 7:30 - 9:00 PM
Fee: \$20/session or \$5 drop-in

NEW! Officiating Course **Ages 16+**

The Officiating course equips participants with essential knowledge and skills to officiate sports confidently and fairly. Covering rules, best practices, and conflict resolution, it prepares learners to handle real-world scenarios with accuracy and professionalism. Designed for beginners, the course includes video tutorials, practical tips, introductions to local officiating groups, and licensing assistance. Min/Max: 4/10

Instructor: Mike Welden, BFHS Athletic Director
Location: BFHS Room W8
Day/Dates: Wednesdays, February 12 & 19
Time: 6:00 - 8:00 PM
Fee: Free - Advance Registration Required

Archery Clinic **All Ages**

A great opportunity to try something new and experience the exhilaration of getting a bullseye! Equipment is available at the club or bring your own. No registration is required.

Fee: FREE
Location: Big Foot Archers Club
N960 Hillside Rd, Lake Geneva, WI
More Info: (262) 275-3889

Date	Time
February 16	11:00 - 1:30 PM
February 23	11:00 - 1:30 PM

Adult Golf **Ages 18+**

Learn fundamentals and prepare to bring your game to the course. Proper etiquette and safety will be taught. Classes will cover basic full swing fundamentals, putting and stroke fundamentals, chipping, pitching and sand shots, as well as taking your game from range to course. A limited supply of golf clubs are available to those that are in need. Min/Max: 4/6

Instructor: Jack Shoger, P.G.A. Instructor
Location: Abbey Springs Golf Course
Day & Time: Saturdays at 3:00 - 4:00 PM
Dates: April 26 - May 17
Fee: \$95/person

Kayaking 101

Ages 16+

Before you head out on the water, be sure to learn the paddling basics! On land we will discuss paddling safety, equipment, and techniques. On water, you'll learn how to be efficient in strokes, navigating obstacles and understanding the boat's stability. Class includes all equipment, but feel free to bring your own kayak. Min/Max: 5/10

Instructor: Chuck Thiesenhusen
Session #1: Sat, May 10, 10:00 - 11:30 AM
Session #2: Sun, June 1, 10:00 - 11:30 AM
Fee: \$45 - includes kayak rental
Location: Meet at Comus Lake
N. Terrance St, Delavan, WI



Social Paddle Club **Ages 16+**

If you've never joined us for a paddle - you'll soon find out how fun this group is! It's a great way to meet people and enjoy the outdoors. Some paddles just require cursory skills, other paddles will challenge your skills. No paddles exceed class II rapids and are ±2 hours. **Beginners are encouraged to take the Kayaking 101 class.**

Date	Level	Time/Location	Registration
Sun, April 13	E	10:00 AM: Powers Lake	Registration Opens Mar 1
Sun, May 4	E	8:30 AM: Turtle Creek Sect. 3	
Sun, May 18	M	8:30 AM: White River Sect. 1	
Sun, June 8	M	8:30 AM: Sugar Creek	Registration Opens April 28
Sun, June 22	E	10:00 AM: Turtle Creek Sect 4 (Family Paddle)	
Tue, July 8	E	5:30 PM: Lauderdale Lake	Registration Opens Jun 1
Sun, July 27	M+	8:30 AM: Honey Creek	
Sun, Aug 10	E	8:30 AM: Nippersink Sect. 1	
Sun, Aug 24	M+	8:30 AM: Turtle Creek Sect. 6	Registration Opens Jul 28
Sun, Sept 7	M	8:30 AM: Yahara River	
Sun, Sept 21	M	8:30 AM: Club Vote	
Sun, Oct 5	E	10:00 AM: Geneva Lk - Fall Colors	

E - Easy: Paddler should have cursory skills to navigate minor obstacles, slow current, river bends, and have the endurance for a 2 hr paddle.

M - Moderate: Skilled at maneuvering around down trees and other obstacles, quick turns, straight ahead class II rapids, portage around obstacles if required. Endurance for a 2.5 - 3 hr paddle.

Guide: Chuck Thiesenhusen
Fee: \$25/paddle
Rentals: Single/\$20 or Tandem/\$30
Get your Turtle Creek Tee Shirt - only \$15

***Our paddles typically have a waiting list Please don't register unless you intend to go. No refunds 7 days in advance of a paddle.**

Coming Up! Adult Coed 8v8 Soccer League

This FUN league is a great way to get together with friends and work up a sweat at the same time. Teams are coed and games will be officiated. Teams are 8v8, 2 females, up to 3 youth aged 15-17. Player passes required. Min/Max: 4/8 teams.

Location: BFHS Soccer Field
Day: Tuesdays
Date: June 10 - August 12
Time: Games start at 6:00 PM
Fee: \$325 per team



Pickleball

Ages 16+

Join this fun group of pickleballers! It's tons of fun and easy to learn. Beginners are welcome at any time. Bring your own paddle or use one of ours.

Location: Outdoor courts are available weather permitting. East Gym in case of inclement weather.

Days: Wednesdays & Sundays from 6:00-8:00 PM

To participate, you must have:

Big Foot Fitness Center ID (residents) or "Pickleball Only" ID (non-residents)

There is a one-time \$5 fee to acquire a Resident Fitness Center or a "Pickleball Only" ID.

Please visit the Big Foot Recreation office during regular office hours. Monday - Friday: 8:00 AM - 4:00 PM

Pickleball Net Rentals

Want to play, but don't have a net? Pickleball net rentals are available Monday - Friday 8 AM - 4 PM from the Rec Office for only \$10.

Tennis courts are open to the community for play. Availability is subject to change due to school and recreation programs.



Fitness Center For Ages 14+

ALL fitness center and gym participants must present a membership card at the door. Membership cards can be purchased through the Recreation Office. Cost is \$5.00.

You must be at least 14 years of age and entering 9th grade to receive a membership.

****\$5.00 Daily Pass if you do not bring your ID****

Participant Information: The Fitness Center and the East Gymnasium are open to the community during designated hours throughout the year. All high school related activities and established gymnasium reservations take priority over any open gym availability. Monthly calendars can be found at www.bigfootrecreation.org and at the Fitness Center. Hours are subject to change.

BFHS District: FREE

Non-Resident: \$20 monthly/\$200 annually

Family: \$50 monthly/\$500 annually



Fit Center Schedule

Boaters Safety Classes

Water Safety Patrol is running DNR Boaters Safety Classes this summer. Participants will receive a Boaters Safety completion card. Anyone born after January 1, 1989 must have completed a boaters safety class to operate a motorboat. Class schedules/details at www.watersafetypatrol.org.

HOW TO REGISTER



Online 24/7

www.bigfootrecreation.org
click on the "Register Online" button on our home page.



Call Us

Call our office M - F 8 AM - 4 PM
Credit card payment is required for all phone registrations. 262-275-2117



In Person

Our office hours are M - F 8 AM - 4 PM
401 Devils Lane, Walworth, WI

DON'T WAIT UNTIL THE LAST MINUTE TO REGISTER!

If there are not enough participants for a class, it will be canceled before it begins. If a class reaches its maximum, the registration will not be accepted or be put on a wait list. If registrations aren't timely, t-shirt orders may be canceled, or not filled properly. In order to keep programs well organized for participants, all registrations must be received at least **one week** prior to class unless otherwise noted. **A \$5.00 late fee will be charged per program for late registration.**

RESIDENCY: Residents are those who live in district or who pay taxes to BFHS District. (Please consult your tax bill). The recreation staff reserves the right to ask for verification of residency. Non-residents are always welcome to join our programs at the non-resident rate.

PHOTO POLICY.....Participants or their parents (if participant is under 18) permit the taking of photos, audio and video recordings during Recreation District activities for publication and use as the Recreation District deems necessary.

REFUNDS.....Registrants may request a refund prior to the start of a program or activity by contacting the recreation office. Certain programs may have refund restrictions due to the nature of the activity. Full refunds are issued in the event of a program cancellation. A 100% refund will be issued upon registrants request 7 days prior to the start of a class. Less than 7 days in advance, we reserve the right to deny requests based on the nature of the program, supply expenses, or other factors. Absolutely no refunds will be issued after the start of a program.

BIG FOOT BALL & GLOVE



Summer Youth Baseball & Softball

The Big Foot Ball & Glove program is a non-profit community organization designed to promote youth baseball and softball within the BFHS District boundaries. It is made up of a Board of Directors and an administrative committee made up of volunteers to help govern the organization.

Contact: Derek Brown or Troy Hummel Email: BFballandglove@gmail.com

Registration: February 1 – March 18, 2025

This deadline is enforced to establish teams, create and distribute schedules and properly prepare for the season in a timely manner. Maximum cost per family shall not exceed \$125 (exc. Legion & late fees).

Online Registration: sports.bluesombrero.com/bigfootbaseball

Checks must be made payable to Big Foot Ball & Glove

Information can be found online at www.bigfootrecreation.org/Pages/SportsBallGlove.html

Girls Softball Grades 1-2 – Grades 3-4 – Grades 5-6 – Grades 7-8 \$50/player

Fee: Shown above, includes shirt, visor and socks. Grey pants must be purchased separately.

Season: Late April - Late July

Games: Tuesdays/Thursdays

Boys League Baseball Grades 1-2 – Grades 3-4 – Grades 5-6 – Grades 7-8 \$50/player

Fee includes shirt, hat and socks. Grey pants must be purchased.

Season: Late April - Late July

Games: Mondays/Wednesdays

Boys Legion/Girls High School 15-18 Years \$50/player

Tournament Team

Email BFballandglove@gmail.com for information

April 6, 2025 - BFHS

Player Evaluation: Time TBD

BFBG Annual Meeting: 3:30 PM

BFBG Coaches Meeting: 4:00 PM

*Legion & HS Softball excluded

*All registered players will be notified
by email with evaluation times*

Join A Winning Team!

COACHES

The BFBG coaching staff is comprised of volunteers. Each team will be assigned one head coach per team. That head coach will choose their assistant coaches through the player's draft. If you wish to coach (head coach or assistant), please contact Derek Brown and fill out the application (due 3/20/25) at www.bigfootrecreation.org/Pages/SportsBallGlove.html and submit it to PO Box 127, Walworth, WI 53184.

UMPIRES

Big Foot Ball & Glove is looking for summer baseball/softball umpires. If interested, please contact Derek Brown at BFballandglove@gmail.com or BFRD at (262) 275-2117.

Softball Pitching Clinic Ages 8 - 14

Hosted by Big Foot Softball Pitching Coach Madi Zerr.

Register through the recreation dept.

Location: BFHS Main Gym

Dates: Feb 2, 9 & 16

Time: 5:00 - 6:00 PM

Fee: \$30 Resident / \$70 Non-Resident

Looking for T-ball and Coach Pitch?

Registration is now through Big Foot Rec.
See page 11 for details.

affiliated **YOUTH SPORTS** organizations

All separate organizations provide structured sport opportunities for our community. Although the Recreation District works closely with these groups and knows basic schedules and other general information, please contact the group directly for specific information. All separate youth sports organizations are required to take their own registration with payment payable to their organization.

Big Foot Basketball Club

Ed Snyder.....(262) 374-4555
esnyder4@gmail.com

Big Foot Ball & Glove

Troy Hummel/Derek Brown.....BFballandglove@gmail.com
www.bigfootrecreation.org/Pages/SportsBallGlove.html

Geneva Lake United Soccer Club

Brooke Patterson.....(262) 215-4957
registrar@genevalakeunited.org
www.genevalakeunited.org

Big Foot Wolves Junior Tackle Football

Collin Frederick.....(262) 581-5256
www.bigfootrecreation.org/Pages/SportsWolves.html

Big Foot Wolves Cheerleading

Trinity Tofel.....(262) 729-6114
www.bigfootwolves.org

Big Foot Youth Wrestling Club

Jake Ries.....(262) 325-0702
www.bigfootrecreation.org/Pages/SportsWrestling.html

Big Foot Attack Youth Volleyball

Grades 5-8

The Big Foot Attack program offers female athletes the opportunity to play competitive volleyball. Participants develop the individual and team skills necessary to succeed in the game of volleyball. The grade-level teams play other teams from the surrounding communities. The season is April 19 through May with practice once or twice each week and league night play scheduled the first three Fridays in May. Big Foot Attack flyers will be sent to all of the Big Foot area schools in late February. If you have any other questions pertaining to this program, please contact BFHS Head Coach Chad Roehl at (262) 394-4462.

support your local **LIBRARY**

Fontana Public Library

166 2nd Ave./P.O. Box 437, Fontana, WI 53125
Phone: (262) 275-5107 Director: Walter Burkhalter
www.fontana.lib.wi.us

Hours: Mon - Fri 9:00 AM - 5:00 PM
Sat 9:00 AM - 1:00 PM

Book Club

2nd Wed/Mo 10:00 AM
2nd Thur/Mo 11:00 AM

Monthly Adult Craft Projects

check Facebook or
website for dates

Barrett Memorial Library

65 W Geneva St, Williams Bay, WI 53191
Phone: (262) 245-2709 Director: Joy Schnupp
www.williamsbay.lib.wi.us

Hours: Mon - Fri 9:00 AM - 6:00 PM
Sat 10:00 AM - 2:00 PM

Story Time	Wednesdays	10:00 AM
Crafternoon (kids & teens)	Thursdays	3:30 PM
Fiber Fanatics	Thursdays	1:00 PM
Art Friends	Tuesdays	10:00 AM

Coffee & Crafts Monthly
an adult craft class held monthly.
Come into the library or call 262-245-2709 to register.

Walworth Memorial Library

525 Kenosha Street/Walworth, WI 53184
Phone: (262) 275-6322 Director: Bobbi Sorrentino
www.walworth.lib.wi.us

Hours: Mon & Wed 10:00 AM - 8:00 PM
Tue, Thu, Fri, Sat 10:00 AM - 5:00 PM

Story Time

Infant - 5 Years	Fridays	10:30 AM
4K - Grade 3	Wednesdays	3:30 PM

Coloring with Trish	Thursdays	1:30 PM
Mommy & Me	Wednesdays	10:30 AM
Fiber Arts Guild	2nd Wed/Month	10 AM-2 PM
Book Club	4th Wed/Month	4:30 PM

Take Home crafts for kids	weekly
Take Home crafts for adults	monthly

Check out our Facebook and website for upcoming programs

Brigham Memorial Library

131 Plain St./Sharon, WI 53585
Phone: (262) 736-4249 Director: Mollie Hein
www.sharon.lib.wi.us

Hours: Mon - Fri 10:00 AM - 5:00 PM
Sat 10:00 AM - 1:00 PM

Senior Chair Yoga	Wednesdays	9:00 AM
Coffee Hour	Wednesdays	10:00 AM



BF Recreation District
401 Devils Lane
Walworth, WI 53184

Postal Customer

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DELAVER, WI 53115
ECRWSS

SUMMER CAMP

Registration begins January 15
Early Registration Discounts through April 1!



**JUNE 16 -
AUGUST 15**

**MONDAY - FRIDAY
8:00 AM - 4:00 PM**

**BASED AT FONTANA
ELEMENTARY SCHOOL**

- All Day!
- All Summer!
- Beach Days!
- Weekly Themes!
- 2+ Field Trips Each Week!
- Whole Camp Activities
- Dependant Care FSA Eligible
- AM & PM Extended Care Available



AGES 5 -11

Day Camp is a traditional day camp program with a balance of arts, crafts, games and field trips.



GRADES 4-5

Sports Camp is for the high energy child interested in sports activities centered on fundamentals, teamwork and conditioning.



GRADES 6-9

Adventure Camp is for older campers who enjoy being on the go and exploring new adventures!

Looking for a fun job? Join our Summer Camp staff! For more information on available positions, go to www.bigfootrecreation.org or call the Recreation Office (262) 275-2117