

# BIG FOOT WRESTLING CLUB Code of Conduct



The Big Foot Wrestling Club is dedicated to teaching the fundamentals of wrestling and displaying good sportsmanship while promoting a competitive atmosphere. Participants will gain valuable experience wrestling opponents that they would not typically compete against until high school.

#### Wrestling

Wrestling is unique in that it is as much an individual sport as it is a team sport. We will work with each wrestler to teach them the basics of wrestling and help them develop advanced skills as they progress. We travel to tournaments together as a team and since there are no restrictions to the number of participants, everyone wrestles. Participation is crucial. We do not enforce attendance, but practice and competition are what will allow each wrestler to excel and develop a passion for the sport.

#### Expectations

Anyone associated with the Big Foot Wrestling Club, including wrestlers, coaches, parents, and volunteers:

- 1. Must display good sportsmanship.
- 2. Must demonstrate enthusiasm, honesty, and a respect for the sport.
- 3. Must comply with club, tournament, and WWF rules and regulations.
- 4. Must respect wrestlers, coaches, officials, and other volunteers.
- 5. May not use abusive or vulgar language or gestures at any time.
- 6. May not argue or display emotional outbursts.
- 7. Must remember that they represent their community.
- 8. Must use appropriate handling and care of the club singlet and equipment.
- 9. Must respect the Wrestling Room and other Big Foot High School Facilities. (The Wrestling Club uses most facilities free of charge.)

## Wrestler Expectations

All Big Foot Wrestling Club wrestlers:

- 1. Must read and sign this Code of Conduct.
- 2. Must put forth their best effort at all times.
- 3. May not use or possess tobacco, drugs, or alcohol.
- 4. Must respect teammates, opponents, coaches, and officials.
- 5. Must notify a coach if they are having problems with another wrestler, coach, or opponent.

## Parent/Guardian Expectations

All Big Foot Wrestling Club parents/guardians:

- 1. Must read, complete and sign both this Code of Conduct and the Registration form.
- 2. Must pay the player participation fee at the time of registration.
- 3. Must pay any outstanding fees or fines before their child may participate.
- 4. Must provide transportation for their child to and from practices and tournaments. (This is not a coach's responsibility, unless prior arrangements are made.)
- 5. In the case of a grievance at practice or an event, parents must wait 24 hours before confronting a coach.
- 6. Must pay a \$100 per item fee for any equipment that is not returned promptly or that is returned in a condition that displays misuse, abuse, or neglect.
- 8. May not use or possess tobacco, drugs, or alcohol at Big Foot Wrestling Club sponsored practices, tournaments or other events.
- 9. Must volunteer to help the club by working at the Big Foot JV Chieftain Classic or assisting the club in some other capacity.

## Disciplinary Policy

The Big Foot Wrestling Club will utilize the following three step disciplinary policy upon inappropriate behavior:

- 1. Upon the first instance of misbehavior, the wrestler will be asked to sit out the remainder of the practice/tournament.
- 2. Upon the second instance of misbehavior, the wrestler will be asked to leave the practice/tournament.
- 3. Upon the third instance of misbehavior, the wrestler will be asked to turn in his equipment and not return to the Club.

At any point during the disciplinary process, the parents/wrestler may request a meeting with the coaching staff to discuss the inappropriate behavior that led to their child's discipline. This meeting will not take place during regularly scheduled practice time.

I have read; I understand; and I agree to follow the Big Foot Wrestling Club *Code of Conduct*.

PARENT / GUARDIAN SIGNATURE

DATE

PARENT / GUARDIAN PRINTED NAME

PLAYER SIGNATURE